

The



M E T H O D TM

A Purpose-Driven Retirement
Planning System

STEP 1

Begin Your Journey

Discover Where Your Retirement Journey Begins

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Retire Plugged In



Take our quick 3-minute **Purpose-Driven Retirement Quiz** to uncover your personalized starting point. You'll instantly receive a **one-page summary** highlighting key areas that may be holding you back.

TAKE THE QUIZ

Ready to explore further?

Schedule a complimentary session.

We'll use your summary as a roadmap to discuss both sides of retirement: the financial and the personal—your passions, connections, routines, and purpose.

Walk away with clarity, direction, and confidence for the road ahead—all at no cost or obligation.

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The



METHOD

R.

Rediscover Your Identity & Purpose

- Who are you without your title?
 - What gives your life meaning?
-

E.

Envision Your Ideal Life

- Design what joy, fulfillment, and connection look like
 - Identify core values, lifestyle preferences, and relationships
-

T.

Translate Dreams Into Daily Life

- Daily rituals, routines, hobbies, and contributions
 - How to wake up excited every day
-

I.

Integrate Financial Strategy

- Build a plan that funds your vision, not someone else's idea of retirement
 - Align money with your mission
-

R.

Rehearse the Transition

- Lifestyle test-drives, phased retirements, role experiments
 - Eliminate fear of the unknown
-

E.

Execute & Evolve

- Ongoing coaching and check-ins to make sure you're living the life you designed
- Pivot and evolve as life changes

A Purpose-Driven Retirement Planning System

10

QUESTIONS

TO ASK BEFORE TALKING ABOUT MONEY (The R.E.T.I.R.E. Method)

1. What does a truly fulfilling retirement look like to you?
2. What activities or passions make you feel most alive and give your life meaning?
3. If you could spend your retirement doing anything, with no limits, what would it be?
4. Looking back, what are you most proud of in your life so far?
5. Who are the most important people you want to stay connected with or impact during retirement?
6. What are the biggest changes or transformations you want to make in this next chapter?
7. What do you want your daily life and routines to feel like in retirement?
8. How do you want to give back, contribute, or stay engaged with your community or causes?
9. What have you always wanted to learn, experience, or try, but haven't had the chance yet?
10. How do you want to be remembered—what's the legacy you want to leave behind?

INTRODUCTION: The Retirement Revolution Starts Now

Let's face it—the financial advice industry is at a crossroads. For decades, “retirement planning” has been code for spreadsheets, pie charts, and a relentless focus on hitting the magic number. Advisors have been trained to ask about assets, liabilities, risk tolerance, and projected withdrawal rates. The meetings are efficient, the plans are tidy, and the clients walk out with a folder full of projections—yet something crucial is missing.

What's missing is the *soul* of retirement.

Today's pre- and post-retirees are staring down a 20- to 30-year chapter of their life with more questions than answers. Sure, they want to know if they'll have enough money. But more and more, they're hungry for something deeper: **meaning, purpose, connection, and the sense that this next chapter could be the best one yet.** The traditional “money-first” model isn't just outdated—it's dangerously incomplete. It leaves clients with a portfolio, but not a plan for a life that actually lights them up.

Here's the truth that most advisors are missing: **Retirement isn't about how much you have—it's about how you live.** And the financial professionals who recognize this seismic shift are poised to dominate their markets, attract premium clients, and become truly irreplaceable.

Enter **The R.E.T.I.R.E. Method™**—a purpose-driven system that flips the script on retirement planning. Instead of starting with numbers, it starts with *life*. It digs into what brings people alive, what they want to accomplish, how they want to connect, and the legacy they

want to leave behind. Only after these fundamental questions are explored does the conversation turn to money—using finances as the fuel to power the life their client truly wants.

This isn't theory. It's the proven, step-by-step blueprint that elite advisors are using right now to future-proof their practices and deliver next-level value. With **The R.E.T.I.R.E. Method™**, you don't just help your clients retire from something—you help them retire to something extraordinary.

This special report will show you exactly why and how to make the shift, breaking down **The R.E.T.I.R.E. Method™** step-by-step, and revealing the transformational impact it has on both clients and advisors. It's time to leave behind the commodity trap and step into the future of advice—where you don't just manage money, you architect lives.

Ready for the revolution? Let's dive in.

CHAPTER 1: The Retirement Planning Crisis—And The Wake-Up Call

Let's be brutally honest: the retirement planning industry is facing a credibility crisis, and everyone can feel it—even if they can't always articulate it. For years, financial professionals have clung to the old playbook: build the plan, run the projections, talk about rates of return, and send the client home with a binder. But look behind the curtain, and you'll see a dirty little secret—most retirees, even the ones who “did everything right,” are still searching for more.

Here's the wake-up call no one wants to admit: **Traditional retirement planning is failing our clients where it matters most.**

The statistics are impossible to ignore. Research consistently shows that retirees report high levels of loneliness, depression, boredom, and a profound loss of identity once they leave the workforce. Many say the momentary rush of “freedom” quickly gives way to a nagging sense of emptiness. Some even regret retiring at all—not because the money isn't there, but because they never had a plan for how to actually live with purpose after the paychecks stopped. Their lives become a cautionary tale: “I spent decades working for this, and now I have no idea who I am or what comes next.”

The real tragedy? This was entirely predictable—and preventable. Financial advisors have been so focused on the numbers, they've forgotten the person sitting across from them. Instead of asking, “What do you want your life to look like?” the conversation defaults to, “How much do you have saved?”

Here's what no one tells you at industry conferences: **A portfolio doesn't deliver fulfillment. An asset allocation can't fill a calendar with meaningful days. The traditional approach is creating a generation of well-funded, deeply unsatisfied retirees—and a generation of advisors whose value is on a downward spiral.**

But here's the opportunity: The industry is ripe for disruption. Clients are starving for guidance on how to live, not just how to invest. The advisor who recognizes this—and makes the shift—instantly separates themselves from 99% of the competition. The market is practically begging for someone to show them the way.

This isn't just a call to action—it's a wake-up call for the entire profession. The question is, will you be the one who keeps pushing the old playbook, or will you seize the chance to become truly indispensable? The next chapters will show you exactly how to step into that role, starting with a radical mindset shift that changes everything.

CHAPTER 2: From Financial Advisor to Life Architect—The Shift That Changes Everything

Picture this: two advisors, same credentials, same licenses, same software. But while one's grinding out the old routine—annual reviews, asset allocation tweaks, and another round of “how's the market treating you”—the other is changing lives. Not just portfolios.

Lives.

This isn't hype. It's a fundamental shift in what it means to be in this profession. The world doesn't need another spreadsheet jockey. It needs architects—visionaries who build lives as carefully as they build portfolios. And that shift, from Financial Advisor to **Life Architect**, is where the magic happens.

What does a Financial Advisor actually do? The traditional approach is straightforward: gather data, run projections, manage investments, deliver a plan. Maybe you even get a thank-you at the end. Your value is clear, but so is your replaceability. There's always someone else offering a slightly cheaper fee or a slicker pie chart. The conversation starts with “how much?” and ends with “here's your number.” It's safe. It's logical. But it's also soulless—and ultimately, forgettable.

Now contrast that with the **Life Architect**. This is the advisor who shows up to every meeting with one core belief: **retirement isn't the end of the story—it's the beginning of your client's next, greatest chapter**. Instead of launching into account balances and withdrawal strategies, the conversation begins with curiosity and empathy. What makes this person come alive? What have they never

given themselves permission to dream about? Who do they want to become? The **Life Architect** listens for more than numbers. They listen for purpose, for possibility, for the spark that makes everything else worth it.

What's the result? **Clients leave these meetings transformed.**

Suddenly, their retirement isn't just a math problem—it's a design challenge. You're not just their advisor; you're their guide, their champion, their co-creator of a future they can't wait to live. You become irreplaceable because you're not just filling out forms and running simulations. You're helping them rediscover who they are, reconnect with what matters, and architect a life that means something.

And here's the kicker: in a world drowning in noise, automation, and robo-advisors, this is the human advantage. Purpose-driven planning is the ultimate differentiator. Clients don't refer their advisor for hitting an extra 0.25% return—they refer the person who helped them write the next act of their life story.

This is the shift. From transactional to transformational. From "manager of money" to "architect of meaning." And as the next sections will show, once you make this leap, you'll never want to go back.

CHAPTER 3: Why Purpose-Driven Retirement Planning is the Ultimate Differentiator

Let's cut through the noise: almost every advisor promises "personalized planning" or "unmatched service." But strip away the buzzwords, and what are most actually doing? The same thing as everyone else—just with a different logo on the quarterly statements.

That's exactly why purpose-driven retirement planning isn't just a nice-to-have; it's the must-have that sets you apart in a saturated, commoditized market.

Here's the truth: The modern client isn't just shopping for an advisor—they're shopping for meaning. They're asking: "Can you help me live the life I actually want, or are you just here to talk about market returns?" If you can't answer that first question, you'll be fighting for scraps—forever competing on price, features, and who can build a fancier Monte Carlo simulation.

But the advisor who leads with purpose does something radically different: they build emotional buy-in that can't be outperformed by an algorithm or undercut by a robo-advisor. You're not just offering advice; you're offering a *transformation*.

Let's break down the business impact:

- **Deeper, Lasting Trust:** When you start with a client's dreams, goals, and purpose—not just their assets—you create instant, authentic trust. That's the kind of trust that can weather bear markets and tough conversations.

- **Hyper-Personalized Value:** You're no longer "just another advisor." Every recommendation ties directly to the client's unique vision. No generic plans, no copy-paste advice.
- **Unbreakable Loyalty:** Clients don't fire the advisor who helped them find meaning, reconnect with their family, or finally pursue a passion project they'd buried for years. They become raving fans and referral machines.
- **Premium Positioning:** You're not a vendor—they see you as a visionary partner. That lets you command premium fees, attract better clients, and say "no" to the wrong fits.
- **Future-Proofing Your Practice:** In an era of AI, fee compression, and digital disruption, being the advisor who delivers real-life transformation is the only protection against being replaced or commoditized.

Purpose is the business strategy. It's what makes your service unforgettable and your brand uncopiable. When you help clients live lives of significance, you make your work significant, too.

The bottom line: advisors who ignore this shift will slowly fade into irrelevance, their only hope a race to the bottom on price. But advisors who embrace purpose-driven planning will dominate their niche and become the go-to expert for a new era.

Ready to see how **The R.E.T.I.R.E. Method™** makes this transformation practical and actionable? Let's break down each step.

CHAPTER 4: The R.E.T.I.R.E. Method™—A Deep Dive Into Purpose-Driven Planning

Now that you understand the “why,” let’s get to the “how.” **The R.E.T.I.R.E. Method™** is more than a buzzword—it’s a proven, practical framework for delivering the kind of life-changing results that today’s clients crave. It’s not about throwing out everything you know as a financial professional; it’s about reordering the conversation so that life leads, and the numbers follow.

Let’s break down each pillar:



REDISCOVER YOUR IDENTITY & PURPOSE

This is the foundation. Most people spend a lifetime wrapped up in their career, titles, and routines. Retirement strips all that away—and, for many, leaves a giant hole where identity used to be. This step digs deep into the question: *Who are you without your business card?* You help clients reconnect with what gives their life meaning, excitement, and pride—so their retirement isn’t an ending, but a rebirth.



ENVISION YOUR IDEAL LIFE

Forget cookie-cutter goals. Here, clients dream big. What would joy, connection, and fulfillment look like—on their terms? You help them get crystal clear on their core values, ideal lifestyle, and most important relationships. This vision becomes the “north star” for every decision that follows.



TRANSLATE DREAMS INTO DAILY LIFE

A great vision is useless without action. This step is about turning aspirations into rituals, routines, and practical steps. What does a truly exciting day in retirement look like? What new hobbies, learning, volunteering, or adventures fill the calendar? You help your clients wake up with purpose—every single day.



INTEGRATE FINANCIAL STRATEGY

Only now does the money conversation begin. And it's a completely different conversation. Instead of "Do I have enough?" the question becomes, "How can my finances fuel this vision?" Every financial plan, investment strategy, and withdrawal decision is designed to fund the life your client actually wants.



REHEARSE THE TRANSITION

Theory meets reality. You guide your client through lifestyle "test drives," phased retirements, and experimenting with new roles or routines. The goal: eliminate fear, build confidence, and make sure the dream matches reality before jumping in with both feet.



EXECUTE & EVOLVE

Retirement isn't static, and neither is your planning. This final step is all about ongoing coaching, regular check-ins, and the freedom to pivot as life changes. Clients know you're with them for the entire journey—not just at the starting line.

This is more than a checklist—it’s a transformational experience. Each step builds on the last, creating a holistic roadmap that addresses not just the money, but the meaning behind it. The result? Clients who are happier, more fulfilled, and deeply loyal to the advisor who made it all possible.

In the following sections, we’ll unpack each step—giving you practical questions, tools, and strategies you can use to put **The R.E.T.I.R.E. Method™** into action with every client you serve.



Step 1 — Rediscover Identity & Purpose

This is where everything changes—both for your clients, and for you as their advisor. Retirement isn’t just a transition of finances; it’s a profound shift in identity. For decades, your client has likely answered the question “So, what do you do?” with a job title, a company, or a career story. But when the business cards get shredded and the routines vanish, so does that easy answer. What’s left behind can be deeply unsettling—or, with your help, absolutely liberating.

Here’s the truth: Most people have never seriously explored who they are *outside* of their work. That’s why the first—and arguably most important—step in **The R.E.T.I.R.E. Method™** is helping your client rediscover their true identity and core purpose.

This conversation is powerful. It goes far beyond the polite surface chatter and into the real stuff that makes a person tick:

- What gets you out of bed in the morning—if it’s not a job?

- Which moments in your life have made you feel most alive, most proud, most “you”?
- If you stripped away titles, awards, and external validation, what remains?
- Who do you want to become in this next chapter?

When you invite clients to dig deep into these questions, two things happen. First, you build a level of trust and rapport that no portfolio review ever could. Second, you help them realize that retirement is a chance for reinvention—not retreat. It’s not about losing an identity, but about finding one that’s richer, more intentional, and more aligned with what truly matters.

As their advisor, you’re not just asking questions—you’re giving them permission. Permission to dream again. Permission to pursue unfinished passions. Permission to design a chapter of life that’s not dictated by someone else’s agenda.

Practical tools at this stage can include guided discovery exercises, values inventories, and even storytelling sessions where clients reflect on their proudest moments or biggest life lessons. You’ll quickly find that this isn’t just beneficial for the client—it’s incredibly energizing for you, too. Instead of grinding through another risk assessment, you’re having conversations that are raw, real, and unforgettable.

The payoff: Once a client rediscovers their purpose, every other part of the planning process comes alive. They’re no longer just planning to “not run out of money.” They’re planning to live a life worth waking up for.

This is what sets you apart. And it all starts here.



Step 2 — Envision Your Ideal Life

Once you've helped your client rediscover who they are at their core, it's time to ask the question that almost no other advisor ever dares to ask: *"What do you actually want your life to look like?"* Not just for the next year, but for the next decade or more.

This step—Envision Your Ideal Life—is about designing a future with intention, clarity, and excitement. Too often, people drift into retirement with a vague sense of what they're "supposed" to do: travel, play some golf, visit family, and hope for the best. But drifting is the enemy of fulfillment. The clients who thrive in retirement are the ones who *choose* what this chapter will look like, down to the details.

Here's where you help your clients dream bigger, aim higher, and get specific:

- **What does a perfect day look like for you in retirement?**
- **Which relationships do you want to nurture, rebuild, or expand?**
- **What activities, hobbies, or passions do you want to finally make time for?**
- **How do you want to feel, emotionally and physically, as you wake up each day?**
- **Where do you want to live—and how do you want to live?**
- **What are the non-negotiable values and experiences that must be present in your life?**

The goal here is to paint a picture so vivid that your client can see it, feel it, and get genuinely excited about stepping into it. This vision becomes the blueprint for every decision that follows. It makes the numbers relevant. It gives context to every strategy, trade-off, and timeline you discuss.

As their advisor, your job isn't to judge or limit the dream—it's to expand it. If your client wants to spend half the year hiking in Patagonia, help them map it out. If they want to build deeper bonds with their grandchildren, explore what that really means in daily life. The more specific, the better.

This step can involve powerful exercises: vision boards, journaling, even “day in the life” mapping sessions. Whatever tool you use, the goal is the same—move your client from a vague hope to a clear, compelling vision.

Here's the magic: When clients can clearly envision their ideal life, they're more motivated, more engaged, and far more likely to follow through on the plan you build together. You're no longer their “money person”—you're the person who helped them imagine, design, and pursue the best years of their life.

That's how you stop being a commodity and start being a category of one.



Step 3 — Translate Dreams into Daily Life

A vivid vision is only the beginning. The difference between a “someday” dream and a retirement that actually excites you every morning comes down to one thing:

translating vision into action. This is where most plans fall apart—not for lack of desire, but for lack of a real, practical roadmap to get there.

Enter the third step of **The R.E.T.I.R.E. Method™: Translate Dreams into Daily Life.**

Here's where the rubber meets the road. No more vague aspirations—now it's time to get specific about how your client will spend their days, weeks, and years. The question is no longer “What do you want?” but “How will you actually live it?”

You help clients break their big vision into meaningful routines, rituals, and habits:

- **What's your morning routine?** Will it be sunrise yoga, a brisk walk, journaling, or lingering over coffee with a loved one?
- **What passions or hobbies have you neglected that you want to revisit or start?**
- **What contributions do you want to make?** Will you volunteer, mentor, or get involved in causes that inspire you?
- **How will you connect with others—friends, family, community—on a regular basis?**
- **What new skills do you want to develop, and how will you learn them?**
- **How will you challenge yourself, stay engaged, and feel a sense of growth or progress every day?**

The goal is to help your client architect a life they *can't wait* to live—one where every day offers a sense of purpose, progress, and joy. This isn't about filling a calendar for the sake of staying busy. It's about intentional living: aligning daily actions with deeply held values and dreams.

As their advisor, you can offer practical tools like sample schedules, “trial run” experiments (try a new routine for a week and see how it feels), or even introduce accountability systems—like regular check-ins to discuss what’s working and what isn’t.

This step is also about helping clients anticipate and navigate the transition. Many new retirees are shocked by the sudden void of structure after leaving the workforce. By proactively helping them build new routines and rituals, you make sure they avoid the “retirement blues” and experience the excitement and fulfillment they imagined.

Bottom line: Anyone can talk about dreams. Few advisors help clients actually live them. When you bridge that gap, you become indispensable—not just as a financial expert, but as the architect of a life worth celebrating every single day.



Step 4 — Integrate Financial Strategy

Only now—after rediscovering purpose, envisioning the ideal life, and mapping out how those dreams become reality—do we turn to the numbers. This is the turning point most advisors get wrong. They start with money, and as a result, the entire conversation is divorced from what really matters. But when you follow **The R.E.T.I.R.E. Method™**, **money becomes the servant, not the master.**

Integrate Financial Strategy isn’t about ignoring the numbers; it’s about making every dollar work harder, smarter, and more purposefully for your client’s unique vision.

STEP 2

Unlock Your Free
Retirement Readiness Kit

Get Your Complete Retirement Readiness Kit – Free!

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Nora Hartquist
Shannon O'Connor

Retirement Educators
Retire Plugged In



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Here's the shift: Instead of asking, "Do you have enough?" you're asking, "How do we align your financial resources to fuel the life you just designed?" Suddenly, the plan isn't about fear or scarcity—it's about *possibility* and *empowerment*.

In this step, you:

- **Connect every financial decision to a meaningful "why."** Whether it's investment allocations, income planning, insurance, or legacy planning, each recommendation is now tied directly to your client's vision of a fulfilling retirement.
- **Prioritize spending and investing based on values.** Some clients will want to travel the world; others will want to support their grandkids' education, volunteer, or start a new passion project. Your job is to make sure their money supports those priorities—not someone else's idea of "the good life."
- **Build a plan that is flexible and adaptive.** Life doesn't go in straight lines, and neither should your strategies. The best plans evolve as your client's dreams and circumstances do.
- **Remove the guilt and confusion around spending.** When every dollar is aligned with purpose, clients feel more confident making spending decisions—they're not just "drawing down accounts"; they're funding their dream life.

This is where your technical expertise truly shines—but now it's working in service of something bigger. The financial plan, the withdrawal strategy, the tax minimization—they all have context. You're not just managing risk; you're maximizing joy, meaning, and legacy.

Here's the irony: When the numbers are aligned to purpose, clients worry less about the numbers. Anxiety drops. Confidence soars.

Your advice is no longer abstract—it's the fuel for a life they've consciously chosen.

And you? You're no longer just an advisor. You're the architect who turned their life's work into their life's *masterpiece*.



Step 5 — Rehearse the Transition

This is the step that most advisors completely ignore—and it's often the difference between clients who thrive in retirement and those who end up lost, bored, or stuck in “what now?” limbo.

Rehearse the Transition is where theory meets practice. Instead of expecting your clients to leap blindly from decades of structure into the great unknown, you help them *test-drive* their new life. You remove fear, replace it with confidence, and eliminate the “I didn't think it would feel like this” regret that haunts so many retirees.

Think about it: nobody would buy a car without a test drive, or move to a new city without visiting first. So why should someone commit to a brand-new life—potentially lasting 20 or 30 years—without ever trying it out?

Here's how you bring this step to life for your clients:

- **Lifestyle Test Drives:** Encourage clients to live out their dream retirement—*before* they retire. Want to live by the beach? Rent for a month. Dreaming of volunteering? Try it out part-time. Considering a move closer to the grandkids? Spend a summer there first.

- **Phased Retirements:** For those who aren't ready to flip the switch overnight, map out a gradual transition. This could mean reducing work hours, shifting roles, or taking on consulting or project-based gigs.
- **Role Experiments:** Retirement is a chance to reinvent yourself. Nudge clients to try new roles, hobbies, or volunteer positions. Sometimes the dream job is only discovered after the first (or second) attempt.
- **Reality Checks:** Use these "practice runs" to uncover surprises—both good and bad. Maybe your client thought they'd love golf every day, but realize after two weeks it's not enough. Or maybe that idea of starting a nonprofit becomes more exciting (or more exhausting) than expected.
- **Eliminate Fear of the Unknown:** When clients see that they *can* adapt, try, and evolve, the terror of "what if I make a mistake?" disappears. They gain confidence that their retirement won't be a freefall—it'll be a series of small, reversible steps toward what truly fits.

As their advisor, you become the trusted guide who doesn't just design a plan and walk away—you walk *with* your client through the transition, helping them adjust, experiment, and refine. You encourage them to fail forward, to tweak, and to discover what actually feels right.

The result: Clients who don't just dream about a great retirement—they experience it, one intentional step at a time. And when the real "Day One" arrives, they're ready. No panic, no regret. Just excitement for what's next—and profound gratitude for the advisor who made it all possible.



Step 6 — Execute & Evolve

This is the step where most advisors—and even most clients—think the journey is over. The plan is done, the numbers are set, the retirement party is in the books. But real life doesn't freeze at the finish line. The truth? Retirement is a living, breathing chapter that demands ongoing attention, adaptation, and support.

Execute & Evolve is about recognizing that the best-designed plans are only the starting point. Life is unpredictable. Dreams shift. Health changes. New passions, new relationships, and new opportunities arise—sometimes when you least expect them. The value you bring as an advisor is in sticking around, guiding, coaching, and helping clients adjust as they grow and as their circumstances evolve.

Here's how you bring this step to life for your clients:

- **Ongoing Coaching & Check-Ins:** You're not just there for the initial plan—you're a partner for the journey. Regular reviews aren't just about performance; they're about checking in on life, happiness, and evolving goals.
- **Celebrate Wins & Address Challenges:** Acknowledge your clients' successes, whether it's taking that dream trip, volunteering, or rebuilding family connections. Equally, help them navigate the bumps in the road—unexpected health issues, changes in family dynamics, or the need to pivot plans.
- **Continuous Refinement:** Make it clear that the plan can and should change as your client's life changes. Encourage flexibility. Adapt investment strategies, spending plans, and even "retirement routines" as needed.

- **Empower the Pivot:** Sometimes, clients will discover entirely new passions or purposes in retirement—things they couldn't have predicted at the start. Be the advisor who encourages exploration and isn't afraid to "re-write the script" when inspiration strikes.
- **Stay Connected to Purpose:** Keep the conversation focused on meaning, fulfillment, and significance. The money is the engine, but the destination can always be adjusted for a more fulfilling ride.

Here's the payoff: Clients who know their advisor is committed to ongoing partnership become clients for life. You're not just someone who set up their accounts; you're the trusted guide who helps them thrive through every twist and turn. This is the level of service that generates not just loyalty, but genuine gratitude, referrals, and the kind of impact most advisors only dream about.

And for you? This approach makes your work more rewarding, engaging, and future-proof. You're not a one-and-done "plan deliverer"—you're a true **Life Architect**, building legacies and changing lives, year after year.

The 10 Transformational Questions to Ask

This is where the magic happens. You can have the world's best models, the most advanced software, and an alphabet soup of credentials—but nothing will deepen trust and unlock possibility faster than asking the right questions, in the right order, at the right time.

The traditional advisor jumps straight to the numbers. The **Life Architect**? They open with questions that stop clients in their tracks

and spark a conversation most have never had—not even with themselves. These are the questions that shift a relationship from transactional to transformational.

Here are the 10 questions you must ask before you ever talk about money:

- 1. What does a truly fulfilling retirement look like to you?**
(Start with their dream, not your assumptions.)
- 2. What activities or passions make you feel most alive and give your life meaning?**
(Surface their real motivators, not just hobbies.)
- 3. If you could spend your retirement doing anything, with no limits, what would it be?**
(Uncover hidden aspirations.)
- 4. Looking back, what are you most proud of in your life so far?**
(Connect with core values and legacy.)
- 5. Who are the most important people you want to stay connected with or impact during retirement?**
(Prioritize relationships and social wellness.)
- 6. What are the biggest changes or transformations you want to make in this next chapter?**
(Encourage reinvention, not just “slowing down.”)
- 7. What do you want your daily life and routines to feel like in retirement?**
(Bridge the gap from vision to reality.)
- 8. How do you want to give back, contribute, or stay engaged with your community or causes?**
(Spotlight purpose-driven action.)

9. What have you always wanted to learn, experience, or try, but haven't had the chance yet?

(Shift focus from money to personal growth.)

10. How do you want to be remembered—what's the legacy you want to leave behind?

(End with meaning and significance, not just assets.)

Why do these questions matter so much? Because they dig beneath the surface and invite honesty, reflection, and possibility. Clients suddenly see you not as someone trying to “sell” them something, but as the only advisor who actually cares about their *life*, not just their money. The answers reveal motivators, obstacles, secret regrets, and hidden dreams.

And here's the real secret:

Once these questions are answered, the numbers finally make sense.

You can build a financial plan that feels authentic, deeply personal, and genuinely exciting. Every recommendation ties back to something real—not just a line item on a spreadsheet, but a piece of your client's vision for a life well-lived.

Practical tip: Don't rush this process. Give each question time to breathe. Listen—really listen—to the answers. Let the client surprise you (and themselves). This is the gold that sets the stage for everything that follows.

Master these questions, and you'll master the art of building lifelong relationships—and a business that thrives on meaning, trust, and transformation.

CHAPTER 5: The Business Case— How Purpose-Driven Planning Future-Proofs Your Practice

Let's talk brass tacks: it's not enough for this approach to *feel* good—you need it to drive real business results. The truth is, the financial services industry is changing fast. Fee compression, robo-advisors, and a tidal wave of lookalike competitors are eating away at margins and making it harder than ever to stand out. If your value starts and ends with asset management, your days are numbered.

But here's the opportunity: **Purpose-driven planning doesn't just create better client outcomes—it creates unbreakable loyalty, premium positioning, and explosive business growth.** It's the ultimate hedge against irrelevance.

Here's why:

- **Irreplaceable Loyalty:**

Clients who see you as the architect of their best life don't leave when a cheaper option comes along. They don't shop around, because they're not looking for a transaction—they're invested in a relationship. You become "family," not a vendor. When clients think about their most important decisions, you're the first call.

- **Referral Magnet:**

When you help someone discover meaning, transform their life, and realize their dreams, do you really think they'll keep that to themselves? Purpose-driven planning creates raving fans who can't help but tell friends, family, and colleagues about the advisor who changed everything for them.

- **Premium Fees, Premium Clients:**

Advisors who operate as true **Life Architects** command higher fees and attract higher quality clients. Why? Because the value is tangible, personal, and deeply felt. No one brags about getting a quarter-point off their advisory fee—but they'll shout from the rooftops about the advisor who helped them reconnect with their family, rekindle their passion, or build a legacy.

- **Resilience in Tough Markets:**

Market downturns? Clients who are anchored to a deeper “why” don't panic-sell or bail on your advice. They're invested in the plan—not just the portfolio. They stick with you through storms, because you're the steady hand guiding them toward what really matters.

- **A Category of One:**

Most advisors look, sound, and act exactly the same. But when you build your entire practice around purpose-driven planning, you're in a league of your own. Competitors can copy your website or your fee schedule—but they can't replicate the impact you have on people's lives.

Here's the bottom line:

The future belongs to the advisors who create transformation, not just transactions. Purpose-driven planning is how you build a business that's future-proof, wildly referable, and deeply rewarding—both for your clients and for you.

When you make this shift, you don't just safeguard your bottom line—you build a legacy of your own. The clients whose lives you change? They become your ambassadors, your champions, and your friends for life.

CHAPTER 6: Implementation— How to Adopt The R.E.T.I.R.E. Method™ in Your Practice

So, you're convinced. You see the power of purpose-driven planning. But how do you actually make the shift? Here's the good news: You don't need to overhaul your business overnight. What you need is a clear, practical plan—one you can implement step by step, without losing momentum or your mind.

Step 1: Commit to the Mindset Shift

Before you change your process, change your thinking. See yourself as a **Life Architect**, not just a money manager. Remind yourself daily: *I help clients build the life they want—finances are simply the fuel.* Every client interaction is now an opportunity to spark transformation.

Step 2: Integrate Transformational Questions Into Every Discovery Meeting

Start every initial conversation with the 10 transformational questions. Practice active listening. Get comfortable with silence and reflection. Don't just rush to the numbers—linger in the “why” until it's clear. This single step will immediately set you apart from 99% of your competitors.

Step 3: Redesign Your Client Process Around The R.E.T.I.R.E. Method™

- Discovery becomes Rediscover & Envision: Focus on identity, purpose, and ideal life.

- Plan Presentation becomes Translate & Integrate: Build rituals, routines, and connect the financial strategy to their vision.
- Implementation becomes Rehearse & Execute: Support test drives, phased transitions, and regular check-ins. Update your client materials, onboarding forms, and review meetings to reflect this flow.

Step 4: Use Tools and Resources to Support the Journey

Vision boards, journaling prompts, sample retirement schedules, and “lifestyle test drive” checklists bring these concepts to life. Don’t have your own? Tap into available resources, templates, and even workshops offered by industry leaders in purpose-driven planning.

Step 5: Embrace Ongoing Coaching, Not Just One-Time Planning

Build long-term relationships through regular reviews—not just on the portfolio, but on purpose and progress. Ask at every review: Is this plan still aligned with your dream? What’s changing in your life? What’s next? Become a trusted guide, not a one-and-done service provider.

Step 6: Prepare for Pushback—From Clients and Yourself

Yes, some clients will want “just the numbers.” That’s fine. But you’ll be surprised how many crave a deeper connection—they just didn’t know it was possible. As for your own fears? Expect some discomfort as you try a new approach. Growth never feels safe at the start.

Step 7: Celebrate Wins—Big and Small

Share stories (with permission) about clients who found new purpose, made successful transitions, or lived their dream. Celebrate

your own breakthroughs, too. Each success reinforces your commitment and spreads the word.

Step 8: Market Your New Differentiator

Update your website, presentations, and LinkedIn profile. Let the world know: You help people build meaningful, purpose-driven retirements—not just retirement accounts. This is your “category of one” brand.

Step 9: Join a Community of Like-Minded Advisors

Transformation is easier (and more fun) with support. Seek out masterminds, conferences, or networks dedicated to purpose-driven planning. Exchange ideas, troubleshoot obstacles, and stay accountable.

Step 10: Never Stop Evolving

The R.E.T.I.R.E. Method™ is a living system. As you gain experience, refine your questions, processes, and support tools. Ask clients for feedback, try new approaches, and keep raising the bar.

Bottom line:

You don’t have to do this alone—and you don’t have to do it all at once. Start small, stay consistent, and watch as your relationships, reputation, and results are transformed.

Up next: discover how The Center for Retirement Readiness and The Retirement Readiness Exclusive Bundle can help you go even further, even faster.

CHAPTER 7: Introducing The Center for Retirement Readiness & The Retirement Readiness Exclusive Bundle

You've just seen what's possible when you shift from transactional planning to purpose-driven transformation. Now, you might be wondering: *How do I fast-track my mastery of this approach? How do I get the tools, community, and ongoing support I need to deliver these breakthroughs to every client, every time?*

That's exactly why **The Center for Retirement Readiness** exists.

The Center for Retirement Readiness isn't just another industry resource—it's a movement. It's a hub for advisors, planners, and professionals who refuse to settle for mediocrity and want to lead the future of retirement planning. Inside, you'll find:

- **Cutting-Edge Training:**
Get step-by-step instruction in **The R.E.T.I.R.E. Method™**, purpose-driven discovery, and real-world client engagement strategies.
- **Done-For-You Tools & Templates:**
Ready-made resources you can implement today—visioning worksheets, transformational question scripts, client exercises, and lifestyle checklists.
- **Exclusive Masterminds & Workshops:**
Join a community of driven professionals. Share ideas, troubleshoot challenges, and stay on the cutting edge with live Q&A sessions and expert panels.

- **Ongoing Coaching & Accountability:**

Get support as you make the shift, with regular check-ins, peer feedback, and new resources added all the time.

And for those who want to accelerate even faster, there's **The Retirement Readiness Exclusive Bundle**—a handpicked collection of advanced tools, guides, and client-ready materials designed to make you the go-to **Life Architect** in your market. This bundle gives you everything you need to transform your process, wow your clients, and future-proof your business:

- The complete R.E.T.I.R.E. Method playbook
- Advanced purpose-driven planning scripts and discovery guides
- Client-facing resources for every stage of the journey
- Marketing assets and positioning templates to brand yourself as the expert
- ...and much more.

Here's the bottom line:

If you're ready to build a practice that changes lives—and attracts more of the clients you want—The Center for Retirement Readiness and The Exclusive Bundle are your launchpad.

CONCLUSION: The Future Belongs to Life Architects

The retirement planning landscape is changing. The rules that worked for decades—leading with the numbers, focusing on products, and hoping clients stick around—are fading fast. Today's clients want something bigger, bolder, and more meaningful. They want to know not just if they can retire, but *how* they can create a chapter that's rich in purpose, joy, and connection.

That's why **The R.E.T.I.R.E. Method™** isn't just another process. It's a movement—a call to every financial professional who's tired of being just another voice in a crowded market, and who's ready to step up as the architect of real transformation.

You've seen the evidence. Purpose-driven planning is the differentiator that future-proofs your practice, creates unbreakable client loyalty, and makes your work more rewarding than ever before. It's not theory—it's what the best advisors are already doing to dominate their niche, turn clients into raving fans, and build businesses that stand the test of time.

The choice is yours. You can cling to the old model—numbers first, dreams later—and watch as your relevance, referrals, and fulfillment slowly drain away. Or you can step boldly into a new era. You can be the advisor who helps clients rediscover who they are, envision what's possible, and actually live the life they've always wanted.

This isn't just a business decision—it's a legacy decision. The lives you touch, the stories you shape, the futures you help design—they become your story, too.

So what are you waiting for? The retirement revolution has already begun. The future belongs to **Life Architects**. It belongs to those who lead with purpose, inspire action, and refuse to settle for average.

Join the movement. Redefine what it means to be an advisor. And watch as you become not just successful, but truly significant—in your clients' lives and in your own.

Ready to take the next step? Discover what The Center for Retirement Readiness and The Retirement Readiness Exclusive Bundle can do for you, your clients, and your future. The world needs more **Life Architects**. The question is—will you be one of them?

Talk With A **Purpose-Driven** **Retirement** **Planner**

Patti Lerch
Nora Hartquist
Shannon O'Connor

Retirement Educators
Retire Plugged In



Welcome to **The Retirement Reimagined Series!** I believe retirement should be about more than filling your time—it should be about **living with meaning and purpose.**

If you'd like to discuss your goals or get a **second opinion** on your financial plan, schedule a **complimentary Discovery Call.**

BOOK MY TIME

Choose what works best for you:

- In-Person Meeting
- Zoom Video Call
- Phone Consultation

Let's create a retirement you can't wait to wake up to. I look forward to connecting with you soon!

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DISCLOSURE

Retire Plugged In Disclosure: <https://www.retirepluggedin.com>

Retire Plugged In is a membership site that provides pre-retirees and retirees with valuable information and resources to help you plan for a secure and fulfilling retirement. Reliable information on Social Security, Medicare, Federal Retirement, IRA's, Tax Rules, and much more are kept up to date as the rules change.

Don't miss out on the opportunity to gain access to expert guidance and support that can help you make informed decisions about your financial future. For those who prefer to learn the rules and make their own decisions, this is the place to find all retirement answers. We want to be clear we are not offering financial planning or financial legal advice. What we are offering is the education you need to make educated decisions about retirement with, more importantly, a detailed explanation of how to use it for your benefit. If you do feel you need a financial planner, we can refer you to one.