

WRITING YOUR MEMOIR

Capturing Life Stories For Posterity

	YES	NO
1 Have you identified the key themes or messages you want to convey in your memoir?	<input type="checkbox"/>	<input type="checkbox"/>
2 Do you have a collection of personal stories or experiences organized for your memoir?	<input type="checkbox"/>	<input type="checkbox"/>
3 Have you decided on a structure for your memoir, such as chronological, thematic, or episodic?	<input type="checkbox"/>	<input type="checkbox"/>
4 Are you familiar with basic writing techniques that can enhance storytelling, such as dialogue, description, and pacing?	<input type="checkbox"/>	<input type="checkbox"/>
5 Have you set aside dedicated time regularly to write and review your memoir?	<input type="checkbox"/>	<input type="checkbox"/>
6 Do you have access to resources or tools that can aid in the writing process, like writing software or workshops?	<input type="checkbox"/>	<input type="checkbox"/>
7 Have you considered enlisting the help of a professional editor or writing coach?	<input type="checkbox"/>	<input type="checkbox"/>
8 Are you prepared to handle personal emotions that may arise while revisiting past experiences?	<input type="checkbox"/>	<input type="checkbox"/>
9 Have you researched publishing options for your memoir, whether traditional publishing or self-publishing?	<input type="checkbox"/>	<input type="checkbox"/>
10 Do you have a plan for promoting your memoir, such as through social media, book readings, or community groups?	<input type="checkbox"/>	<input type="checkbox"/>

QUESTIONS? CONTACT YOUR FINANCIAL ADVISOR



THE CENTER FOR
RETIREMENT READINESS

What Your Answers Might Mean:



7–10 Yes Answers: Exceptionally Prepared for Memoir Writing. You are well-equipped with the tools, structure, and emotional readiness to craft a compelling and meaningful memoir.



4–6 Yes Answers: Moderately Prepared, Additional Planning Needed. You've made significant initial progress, but further refining your writing skills or support structure could greatly enhance your memoir's impact.



0–3 Yes Answers: Preparation Required. To effectively capture and share your life stories, focus on foundational elements such as structure, support, and emotional readiness.