

EXPLORING RETIREMENT AS A SPIRITUAL JOURNEY

Deepen Inner Peace And Purpose In This Life Transition

	YES	NO
1 Have you reflected on the deeper meaning and purpose of this new life chapter?	<input type="checkbox"/>	<input type="checkbox"/>
2 Do you view retirement as an opportunity for personal and spiritual growth?	<input type="checkbox"/>	<input type="checkbox"/>
3 Have you established a regular spiritual or contemplative practice such as prayer, meditation, or reflection?	<input type="checkbox"/>	<input type="checkbox"/>
4 Do you spend intentional time in silence, nature, or solitude to connect with something greater than yourself?	<input type="checkbox"/>	<input type="checkbox"/>
5 Have you explored spiritual or philosophical teachings that resonate with your beliefs and life stage?	<input type="checkbox"/>	<input type="checkbox"/>
6 Do you find comfort or guidance through spiritual community, mentors, or sacred texts?	<input type="checkbox"/>	<input type="checkbox"/>
7 Have you made peace with major life transitions, losses, or unfinished chapters from your past?	<input type="checkbox"/>	<input type="checkbox"/>
8 Do you regularly ask yourself questions that explore your legacy, purpose, or spiritual values?	<input type="checkbox"/>	<input type="checkbox"/>
9 Have you identified ways to give, serve, or love more deeply in alignment with your spiritual path?	<input type="checkbox"/>	<input type="checkbox"/>
10 Do you feel a growing sense of gratitude, awe, or connection in your daily life?	<input type="checkbox"/>	<input type="checkbox"/>

QUESTIONS? CONTACT YOUR FINANCIAL ADVISOR



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What Your Answers Might Mean:



7–10 Yes Answers: You Are Embracing Retirement With Depth And Awareness: Your spiritual approach is guiding you toward peace, fulfillment, and a deeply meaningful experience of this life stage.



4–6 Yes Answers: You're On The Right Path But Still Have Work To Do: You're opening to a richer spiritual journey, and with more reflection and commitment, you'll discover even deeper purpose.



0–3 Yes Answers: You May Be At Risk And Need To Take Immediate Action: Without spiritual grounding, retirement may feel empty—now is the time to reconnect with your inner life and what truly matters.

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