

EXPLORING SPIRITUAL RETREATS & PILGRIMAGES

Deepen Your Inner Journey And Renew Your Sense Of Purpose

	YES	NO
1 Have you felt drawn to deepen your spiritual life through travel or retreat experiences?	<input type="checkbox"/>	<input type="checkbox"/>
2 Do you have a spiritual or reflective practice that would benefit from intentional space and time away?	<input type="checkbox"/>	<input type="checkbox"/>
3 Have you researched retreats or pilgrimages that align with your beliefs or values?	<input type="checkbox"/>	<input type="checkbox"/>
4 Do you have a personal reason or intention for considering a spiritual journey?	<input type="checkbox"/>	<input type="checkbox"/>
5 Have you set aside time or resources to plan a meaningful retreat or pilgrimage experience?	<input type="checkbox"/>	<input type="checkbox"/>
6 Are you open to disconnecting from daily routines and distractions to focus inwardly?	<input type="checkbox"/>	<input type="checkbox"/>
7 Have you considered the physical and emotional demands of a pilgrimage or retreat?	<input type="checkbox"/>	<input type="checkbox"/>
8 Do you understand the cultural or spiritual significance of the destinations you're interested in?	<input type="checkbox"/>	<input type="checkbox"/>
9 Have you shared your plans with someone who supports your spiritual growth?	<input type="checkbox"/>	<input type="checkbox"/>
10 Are you prepared to reflect on and integrate the lessons or insights gained from your experience?	<input type="checkbox"/>	<input type="checkbox"/>

QUESTIONS? CONTACT YOUR FINANCIAL ADVISOR



THE CENTER FOR
RETIREMENT READINESS

What Your Answers Might Mean:



7–10 Yes Answers: You Are Spiritually Ready To Embark On A Transformative Journey: You've done the inner and outer work to engage with retreats or pilgrimages that support deep personal growth.



4–6 Yes Answers: You're On The Right Path But Still Have Work To Do: Your interest is aligned with meaningful exploration, but refining your intentions and logistics will enrich the experience.



0–3 Yes Answers: You May Be At Risk And Need To Take Immediate Action: Without preparation or clarity, the opportunity for renewal may be missed—now is the time to reconnect with your spiritual goals and plan intentionally.