

# FINDING AWE & WONDER IN EVERYDAY LIFE

*Rediscover Beauty And Meaning In The Smallest Moments*

		YES	NO
1	Do you pause regularly to notice the natural beauty around you—like the sky, trees, or light?	<input type="checkbox"/>	<input type="checkbox"/>
2	Have you experienced a sense of awe recently from something simple or unexpected?	<input type="checkbox"/>	<input type="checkbox"/>
3	Do you find wonder in everyday details, such as the texture of food, a bird's song, or a child's laugh?	<input type="checkbox"/>	<input type="checkbox"/>
4	Have you explored new places, even locally, with fresh curiosity and attention?	<input type="checkbox"/>	<input type="checkbox"/>
5	Do you reflect on the mystery, vastness, or intricacy of life with a sense of gratitude?	<input type="checkbox"/>	<input type="checkbox"/>
6	Have you used creative expression—like photography, journaling, or drawing—to capture moments of wonder?	<input type="checkbox"/>	<input type="checkbox"/>
7	Do you engage in practices that help you stay present, such as meditation, walking, or deep breathing?	<input type="checkbox"/>	<input type="checkbox"/>
8	Have you shared a moment of awe with someone and felt it deepen your connection?	<input type="checkbox"/>	<input type="checkbox"/>
9	Do you intentionally seek out experiences that uplift, inspire, or humble you?	<input type="checkbox"/>	<input type="checkbox"/>
10	Are you open to letting small, ordinary experiences move you emotionally or spiritually?	<input type="checkbox"/>	<input type="checkbox"/>

**QUESTIONS? CONTACT YOUR FINANCIAL ADVISOR**



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## What Your Answers Might Mean:



**7–10 Yes Answers:** You Are Fully Engaged With Life's Everyday Miracles: Your openness to awe and wonder is enriching your days with joy, perspective, and heartfelt presence.



**4–6 Yes Answers:** You're On The Right Path But Still Have Work To Do: You're noticing moments of beauty and meaning—by slowing down even more, you can deepen your sense of daily wonder.



**0–3 Yes Answers:** You May Be At Risk And Need To Take Immediate Action: Disconnection from awe may dull your spirit—now is the time to rekindle your awareness and embrace the wonder around you.

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