

# HOW TO FIND PURPOSE AND MEANING AFTER RETIREMENT

*What Will Keep You Inspired in This New Chapter?*

	YES	NO
1 Do you have a sense of purpose that gets you excited to start your day—even without a job?	<input type="checkbox"/>	<input type="checkbox"/>
2 Have you thought about how you can use your life experience to give back or help others?	<input type="checkbox"/>	<input type="checkbox"/>
3 Do you have a clear vision for what a fulfilling retirement looks like beyond financial freedom?	<input type="checkbox"/>	<input type="checkbox"/>
4 Are you engaged in activities, hobbies, or causes that give you a sense of meaning or contribution?	<input type="checkbox"/>	<input type="checkbox"/>
5 Do you have personal goals that challenge or inspire you in this phase of life?	<input type="checkbox"/>	<input type="checkbox"/>
6 Have you explored opportunities like mentoring, volunteering, writing, teaching, or creating?	<input type="checkbox"/>	<input type="checkbox"/>
7 Are you intentionally nurturing relationships with people who energize and support you?	<input type="checkbox"/>	<input type="checkbox"/>
8 Have you created a routine or rhythm that brings balance, joy, and structure to your days?	<input type="checkbox"/>	<input type="checkbox"/>
9 Do you feel like your retirement years could be among the most meaningful of your life?	<input type="checkbox"/>	<input type="checkbox"/>
10 Would having a deeper sense of purpose help guide your decisions, priorities, and energy in retirement?	<input type="checkbox"/>	<input type="checkbox"/>

**QUESTIONS? CONTACT YOUR FINANCIAL ADVISOR**



THE CENTER FOR  
RETIREMENT READINESS

## What Your Answers Might Mean:



**7–10 Yes Answers:** You're well on your way to living a purpose-driven retirement. Continue building on what lights you up and brings meaning to your days.



**4–6 Yes Answers:** You've started to connect with meaningful pursuits. A little more clarity or action could turn interest into lasting impact.



**0–3 Yes Answers:** You may be in the early stages of exploring what truly brings you fulfillment. The good news: it's never too late to discover your purpose.