

GARDENING & OUTDOOR LIVING

Enhance Your Well-Being Through Nature And Fresh Air

	YES	NO
1 Do you currently have a garden or outdoor space to enjoy?	<input type="checkbox"/>	<input type="checkbox"/>
2 Have you set up a routine for outdoor relaxation or activity?	<input type="checkbox"/>	<input type="checkbox"/>
3 Do you grow your own fruits, vegetables, or herbs?	<input type="checkbox"/>	<input type="checkbox"/>
4 Have you created a space for outdoor socializing or dining?	<input type="checkbox"/>	<input type="checkbox"/>
5 Do you participate in seasonal gardening or landscaping projects?	<input type="checkbox"/>	<input type="checkbox"/>
6 Have you researched low-maintenance outdoor living options?	<input type="checkbox"/>	<input type="checkbox"/>
7 Do you have comfortable and safe furniture or seating outdoors?	<input type="checkbox"/>	<input type="checkbox"/>
8 Have you considered irrigation systems or water-saving strategies?	<input type="checkbox"/>	<input type="checkbox"/>
9 Do you use your outdoor space as part of your wellness routine?	<input type="checkbox"/>	<input type="checkbox"/>
10 Have you budgeted for improvements to your outdoor living areas?	<input type="checkbox"/>	<input type="checkbox"/>

QUESTIONS? CONTACT YOUR FINANCIAL ADVISOR



THE CENTER FOR
RETIREMENT READINESS

What Your Answers Might Mean:



7–10 Yes Answers: You're Thriving In Your Outdoor Lifestyle. Your thoughtful approach to outdoor living supports a healthy, joyful retirement.



4–6 Yes Answers: You're On The Right Path But Still Have Work To Do. Consider a few strategic upgrades or habits to get even more value from your outdoor space.



0–3 Yes Answers: You May Be Missing Out On Outdoor Wellness Benefits. Reconnecting with nature and enhancing your environment can improve both mood and longevity.