

KEEPING THE SPARK ALIVE

Maintain Passion, Playfulness, And Connection Together

	YES	NO
1 Do you regularly spend quality time together doing activities you both enjoy?	<input type="checkbox"/>	<input type="checkbox"/>
2 Have you made an effort to maintain physical affection and intimacy?	<input type="checkbox"/>	<input type="checkbox"/>
3 Do you communicate openly about your emotional and physical needs?	<input type="checkbox"/>	<input type="checkbox"/>
4 Have you introduced new experiences or adventures to keep your relationship fresh?	<input type="checkbox"/>	<input type="checkbox"/>
5 Do you surprise or delight your partner with small gestures of love or appreciation?	<input type="checkbox"/>	<input type="checkbox"/>
6 Have you discussed your shared goals, dreams, or bucket list items for retirement?	<input type="checkbox"/>	<input type="checkbox"/>
7 Do you make time for fun and laughter as a couple, even in daily routines?	<input type="checkbox"/>	<input type="checkbox"/>
8 Are you both respectful of each other's independence while staying emotionally close?	<input type="checkbox"/>	<input type="checkbox"/>
9 Have you sought ways to reconnect after disagreements or periods of distance?	<input type="checkbox"/>	<input type="checkbox"/>
10 Do you reflect on and celebrate the journey you've shared over the years?	<input type="checkbox"/>	<input type="checkbox"/>

QUESTIONS? CONTACT YOUR FINANCIAL ADVISOR



THE CENTER FOR
RETIREMENT READINESS

What Your Answers Might Mean:



7–10 Yes Answers: You Are Keeping The Spark Alive With Intention: You've cultivated a relationship full of connection, curiosity, and love that continues to thrive in retirement.



4–6 Yes Answers: You're On The Right Path But Still Have Work To Do: You've held onto important aspects of your relationship, but refreshing your bond with new energy could make it even stronger.



0–3 Yes Answers: You May Be At Risk And Need To Take Immediate Action: Without nurturing, your connection could fade—now is the time to reignite the spark and invest in your shared happiness.