HOW RETIREMENT AFFECTS YOUR MARRIAGE OR PARTNERSHIP

Are You and Your Partner Ready for This New Chapter—Together?

		YES	NO
0	Have you and your partner discussed your individual visions for retirement—how you want to spend your time?		
2	Do you both agree on where you want to live during retirement (e.g., same city, home, or climate)?		
3	Have you talked about how much time you expect to spend together vs. independently?		
4	Do you share similar views on how to manage household responsibilities now that work schedules may change?		
5	Are you in sync about how much to spend or save during retirement?		
6	Do you both support and respect each other's hobbies, interests, or desire to work or volunteer during retirement?		
7	Have you openly discussed how retirement might affect your emotional connection or communication?		
8	Are you prepared to navigate new routines, schedules, and shared spaces without conflict?		
9	Do you feel confident that retirement will strengthen—rather than strain—your relationship?		
10	Would working through a plan together give you both more clarity, harmony, and confidence in retirement?		



THE CENTER FOR RETIREMENT READINESS

What Your Answers Might Mean:



7-10 Yes Answers: You and your partner are likely wellaligned for this new season. Keep talking, supporting, and planning together.



4–6 Yes Answers: You've begun laying the foundation. Continued communication can help ensure this next phase strengthens your bond.



0–3 Yes Answers: You may want to start the conversation now. Being proactive could help prevent misunderstandings and create more alignment.