

# PRESCRIPTION OVERSIGHT

## *Ensuring Safe Use And Effective Management*

	YES	NO
1 Do you regularly review your medications with a healthcare professional?	<input type="checkbox"/>	<input type="checkbox"/>
2 Are you aware of the potential side effects of your prescribed medications?	<input type="checkbox"/>	<input type="checkbox"/>
3 Do you use a system (like a pill organizer) to manage your medication schedule?	<input type="checkbox"/>	<input type="checkbox"/>
4 Have you discussed the risks of dependency or addiction with your doctor?	<input type="checkbox"/>	<input type="checkbox"/>
5 Are all your prescriptions currently up to date?	<input type="checkbox"/>	<input type="checkbox"/>
6 Do you avoid using medications prescribed for someone else?	<input type="checkbox"/>	<input type="checkbox"/>
7 Do you know how to safely dispose of unused or expired medications?	<input type="checkbox"/>	<input type="checkbox"/>
8 Have you experienced any negative effects from your medications that you have not reported to your doctor?	<input type="checkbox"/>	<input type="checkbox"/>
9 Do you feel informed about the medications you take and why they are prescribed?	<input type="checkbox"/>	<input type="checkbox"/>
10 Are you cautious about mixing different medications without consulting your healthcare provider?	<input type="checkbox"/>	<input type="checkbox"/>

## QUESTIONS? CONTACT YOUR FINANCIAL ADVISOR



THE CENTER FOR  
RETIREMENT READINESS

### What Your Answers Might Mean:



**7–10 Yes Answers:** Proactive in Medication Management. Your vigilance in managing your prescriptions supports your health and prevents potential misuse.



**4–6 Yes Answers:** On the Right Path, Keep Informed. You're managing your medications, but more proactive measures and discussions with your healthcare provider could improve your safety.



**0–3 Yes Answers:** Immediate Review Needed. It's essential to enhance your oversight and understanding of your medications to prevent misuse and address potential health risks.